



# IECMHC Network

Infant and Early Childhood Mental Health Consultation Network

Connect. Reflect. Grow.

For more information,  
call our Helpline at 1-877-524-2422 or  
email us at [IECMHCNetwork@wested.org](mailto:IECMHCNetwork@wested.org)

- Are you or your staff experiencing provider burnout?
- Do you need additional support in understanding and responding to children's behavior?
- Would you like to develop more skills to support children's social, emotional and mental health?
- Do children in your program need help coping with stress and trauma?

## HELP IS HERE!

We recognize the essential role that child care and early education staff and providers play in the lives of young children and their families. The **California Infant and Early Childhood Mental Health Consultation (IECMHC) Network** has consultants available statewide to connect with programs and providers through on-site and virtual consultation to ensure that all young children and the adults who care for them have the supports they need for their social, emotional and relational health. The IECMHC Network services are offered at **no cost** to child care and early education programs and home-based providers.



### Areas of Support Include:

- **Promoting** positive mental health and social and emotional development.
- **Addressing** behavior that providers find concerning or challenging.
- **Developing** a program culture that promotes the well-being of providers, children, and families.
- **Focusing** on relationships and practices that buffer against stress and trauma.



State of California Department of  
Social Services, Copyright 2024

Request consultation at the  
[IECMHC Network website](#),  
and an IECMHC Network  
professional will contact you.



SCAN ME