



Communities of Support

Reflective Spaces for Home-Based Providers

The California Infant and Early Childhood Mental Health Consultation (IECMHC) Network offers virtual reflective community groups for home-based child care and early education providers across California. The variety of groups aims to provide a consistent and supportive space for home-based providers from various backgrounds to share their experiences and explore their strengths, stressors, and hopes for themselves and the children and families in their care. Groups are offered in both English and Spanish for family, friend, and neighbor (FFN) caregivers and family child care home (FCCH) providers to support their well-being in their daily care and interactions with young children and their families. Group sessions are highly interactive and encourage active participation.

Who?

Any FCCH provider or FFN caregiver who provides care for children from birth to age five in California.

Am I an FFN?

Do you care for children of a family member, friend, or neighbor on a regular basis? Then you are an FFN!

What Is Included?

- ✓ One information session in English and Spanish
- ✓ Five small group sessions
- ✓ Connection and support from a community of caregivers
- ✓ Engaging discussion with other early childhood caregivers
- ✓ \$25 stipends per session attended, up to total value of \$125 and one CRG Kit of educational materials

Available Series

- Caregiver Well-Being
- Supporting Connections & Relationships
- Reflection and Collective Healing: Empowering BIPOC Voices for Generations Through Story Sharing
- Caregiver Connections: Creating and Sustaining Supportive Communities*

To attend an information session

listed below, sign up on the website at iecmhcnetwork.org/events

Spring 2026 Information Session Dates (English & Spanish):

- Thursday, January 15 at 6 p.m.
- Thursday, January 22 at 6 p.m.
- Tuesday, February 10 at 6 p.m.

Participants may join fall and spring groups with eligibility to receive stipends and a CRG Kit once a year. Priority registration is given to first-time participants.

*Caregiver Connections series available to providers who have participated in the other groups. No stipends or CRG kits are available for the returning Caregiver Connections group participants.



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Questions? Contact the Event Registration number: at **877-524-2422 (ext.4714)** or email us at iecmhcnetwork@wested.org

Visit [the IECMHC website](https://iecmhcnetwork.org) for more information about all our services.



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