



Connect. Reflect. Grow.

Infant and early childhood mental health consultation is a service that connects teachers and caregivers with trained early mental health consultants to ensure that all young children and the adults who care for them have the supports they need for healthy social and emotional development.



"I felt like I had tried everything to help a child in my care, but nothing was working. When I contacted the IECMHC Network, I was connected with a consultant who started working with me right away. I found the joy in my work again!"

"We love that our consultant listened to our needs without judgment. They shared helpful resources for challenging behaviors."

The **California Infant and Early Childhood Mental Health Consultation Network** provides the services below at **no cost** for child care and early education center-based program staff, family child care providers, and family, friend, and neighbor caregivers. [Learn more at the IECMHC website.](#)



Consultation



Helpline



Open Door Sessions



Virtual Training



Communities of Support



Help is here!
Connect with us at
www.iecmhcnetwork.org

SCAN ME